

CNOTRACE Seven Principles AND NEARSHORE

PLAN AHEAD AND PREPARE

- Know the regulations and permit requirements for your activities.
- Check charts, tides, and weather.
- Leave a float plan with your onshore contact and use only a well-maintained vessel.
- Wear a Coast Guard-approved and serviceable PFD if boating.
- Bring a communication device and know emergency numbers.
- Be aware of rip currents and submerged objects.
- Hydrate before and on the water.
- Protect against sunburn and insect bites using reef-friendly products.

TRAVEL ON DURABLE SURFACES

- Focus activity where vegetation is absent.
- Durable surfaces include rock, gravel, and sand.
- Be aware of sensitive habitats such as tide pools and vegetated dunes.
- Concentrate use on existing trails and campsites. Do not camp below the high tide mark.
- Where camping is permitted, select a campsite large enough for your group.
- In undeveloped areas, disperse your activities to prevent the creation of new campsites and trails.
- Leave campsites clean and natural looking.

DISPOSE OF WASTE PROPERLY

- Pack it in, Pack it out. Trash is one of the greatest threats to marine wildlife.
- Arrange to pack out your waste (and other collected debris) to avoid overwhelming existing trash receptacles or recycle hins
- Avoid single-use plastics and styrofoam. Choose reusable items and use fewer disposable ones.
- Properly dispose of fishing line and tackle by using available trash cans or packing it out.
- Know if your waterfront location offers restroom facilities. Plan your day accordingly if restrooms are not present.
- If pets are permitted, be prepared to pick up after them and dispose of waste bags in a trash can.

© Leave No Trace Center for Outdoor Ethics. Leave No Trace is an international movement, nonprofit organization and educational program dedicated to protecting the outdoors by teaching people to enjoy it responsibly. The organization accomplishes this mission by delivering cutting-edge education and research to millions of people across the country every year. Learn more at www.LNT.org.

LEAVE WHAT YOU FIND

- Leave historical artifacts where and how you find them.
- Take only pictures and leave only bubbles while diving or snorkeling.
- When shell collecting is permitted, make sure shells are empty. Otherwise, do not remove shells or natural objects from the shoreline.
- Clean watercraft, tents, fishing equipment, and other gear after every trip. Water, mud, and soil may contain harmful seeds, spores, or tiny plants and animals.
- Never discard or release live bait.
- Fill any holes, trenches, or canals dug into the sand, unstack rocks, level sandcastles and other structures that can hinder the movement of wildlife across the terrain.

MINIMIZE CAMPFIRE IMPACTS

- Minimize campfire impacts by using stoves.
- Where fires are permitted, use a fire pan or designated fire ring for open fires.
- Always have 2-4 gallons of water available to drown out your campfire.
- Elevate fire pans and use a fire blanket to catch embers.
- Use dead and downed wood no larger than an adult's wrist to keep the fire small.
- If bringing your firewood, purchase locally to avoid invasive species spread.
- Burn all wood and charcoal to ash. Carry out cold ashes with other garbage.
- Fill fire pit holes to prevent trapping or injuring wildlife.

RESPECT WILDLIFE

- Observe wildlife from a distance. Do not follow or approach them.
- Respect temporary barriers and/or markers indicating sensitive ecosystems (habitat restoration projects), nesting sites (shore birds/sea turtles), etc.
- Practice sustainable fishing methods and know the local regulations.
- Never feed wildlife; it damages their health, alters natural behaviors, and exposes them to predators and other dangers.
- Protect wildlife by securely storing food, trash, and anything with a scent.
- When pets are permitted, control them and keep them on a leash.

BE CONSIDERATE OF OTHERS

- Respect other visitors and protect the quality of their experience.
- Respect the experience of others by being mindful of your group's noise level.
- Move quickly off of boat ramps and launches to make space for others.
- Adopt your favorite launch site or shoreline section and regularly visit to help clean up.
- Encourage others to join you in beach/shoreline clean-up events.